

What Little Things Are Stealing Your Peace?

I had spoken harshly to my wife, and
I deeply regretted it.
I sincerely apologized.

But the Lord used it to bring to mind other “little things”
about which He had long prodded me:
 impatience with other drivers on the road;
 anxieties about little concerns;
 restlessness over nagging uncertainties.
I had pacified myself by thinking that these were all
 small, common, human failings, and
 I was “working on them”.
But to be honest, I had filed them away under
 “Someday”.

But now through the pain I had caused my wife,
 God had finally gotten through to me.
I was causing unnecessary discomfort both
 to myself and
 to others around me,
and it didn’t need to continue.

He showed me that
 impatience,
 anxiety, and
 ill-temper
were not little things and
 not inevitable.
They were stealing my peace and
 the peace of those around me.
And they were evidence of a deeper need.
 They were hiding a richer, untapped possibility:
as I stayed connected to my Father moment by moment,
as I lived in His presence,
as I brought all my concerns immediately to Him:
 Impatience would be replaced by peacefully waiting on Him.
 Harshness would be replaced by self-giving kindness.
 Anxiety would be replaced by calm confidence in Him.

*Rejoice in the Lord always; again I will say, rejoice! Let your gentle spirit
be known to all people. The Lord is near. Do not be anxious about*

anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.

Father,

peace is a constant relationship with You.

Gentleness is a constant relationship with You.

Complete sufficiency in every situation

is a constant relationship with You.

Help me breathe Your Spirit

every moment

as I trust You.

Hymn: In You, Lord

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