**Reflection on Psalm 133**

*Behold, how good and how pleasant it is*

*For brothers to dwell together in unity!*

*It is like the precious oil upon the head.* (Psalm 133:1-2a, NASB)

*There is one body and one Spirit, just as also you were called in*

*one hope of your calling,*

*one Lord, one faith, one baptism,*

*one God and Father of all who is*

*over all and through all and in all.* (Ephesians 4:4-6, NASB)

Jesus Christ pours out His own Spirit on

each and all who trust Him.

As we walk in Him,

we all share the same Spirit.

We are all growing to share

Jesus’ faith in the Father,

His love for people,

His unfailing joy, and

His single-minded desire to glorify the Father.

His Spirit is like the oil of biblical times.

It brings God’s anointing for service.

It flows down from the Father and then

flows out to those around us,

blessing us all with

the health of His boundless life,

the beauty of His love,

the fragrance of His presence, and

the glow of His glory.

**Hymn:** [**Psalm 133**](http://lnwhymns.com/Hymn.aspx?ID=678)

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