

Father, Save Us from Fear

Salvation, in its broadest sense, is deliverance from anything that pinches us, oppresses us, narrows us, or restricts the free flow of God's life in us and through us. We need this salvation not only in moments of crisis, but daily, constantly, need by need.

One of our most constant temptations, one of the greatest hindrances to our life in Christ, is fear – fear of anything but God Himself.

Fear threatens all the most precious gifts and graces our loving Father longs to pour through us: love, joy, peace, patience, kindness, generosity, thankfulness, and wholehearted praise. When fear takes hold, all these are choked out. Fear plunges us into a false reality where God is not God. Fear causes us to think and act as if God is not all-powerful, all-wise, and all-loving.

Sometimes fear expresses itself as outright worry. It stares us in the face and grabs us by the throat. But sometimes it is more subtle. We're not fully aware of its presence. It simmers beneath the surface, making us vaguely unsettled and uneasy.

As soon as anything concerns you, no matter how big or small, drag it out into the full light of day and pray, "Father, I am concerned about this. If there is anything I should do about it, lead me, and I will follow. Otherwise, I simply trust it to You." Pray this way every time that concern comes to mind.

Don't let the Enemy clutter your mind and disturb your peace with concerns that are unexamined and unnecessary.

*The Lord is my light and my salvation; Whom shall I fear?
The Lord is the defense of my life; Whom shall I dread? (Psalm 27:1, NASB)*