

Reflection on Psalm 141

Almighty God,
my Father,
 I stand in Your holy presence.
I lift my hands,
 offering myself as a living sacrifice.
My simple prayer rises as
 sweet-smelling incense before You.

O my God,
evil is all around me,
 pressing in,
 threatening destruction.
Guard me.
 Guard my heart.
 Guard my mouth.
 Guard my relationships.
Protect me from evil's
 discouragements and
 distractions.
Keep me
 strong in faith,
 strong in You.

As trouble comes, I take refuge in
 You.
I am safe in
 You.
No matter today brings,
Lord, keep my eyes on
 You.

Hymn: [Psalm 141](#)

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