

## Reflection on Psalm 116

Almighty God, I love You  
because You first loved me (1 John 4:19).

Though You are the  
Source and  
Sustainer  
of a reality vast beyond my imagination,  
Your love for me is  
personal,  
complete, and  
intense.

When I call to You,  
infinitely small as I am,  
You hear,  
You answer, and  
You give me Your very best.

You are gracious,  
compassionate,  
infinitely good, and  
always right.

As I rest in You,  
You rescue  
my life from death,  
my eyes from tears,  
my feet from stumbling.

You give me the  
security and  
privilege  
of walking day by day in Your very presence.

So how can I thank You  
for all You do for me?  
What response is appropriate?  
I want to worship You  
as Jesus worshipped You,  
Your holy, perfect Son.

I want to worship You  
constantly,  
completely,  
with all my heart,  
with all I have,

with all I am.  
I want to lay down my life for Your glory,  
drinking the cup of sacrifice that He drank (Matthew 20:20-23) and  
lifting the cup of redemption that He poured for me  
with His own blood (Matthew 26:26-29).  
All this I long to do in the presence of all Your people,  
so that they may see how very  
great and  
good and  
gracious  
You are!

O Lord, my God,  
I love You!

**Hymn: Psalm 116**

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