Reflection on Psalm 49

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Does your world seem filled with
      constant,
      ever-stirring,
      inescapable evil?
Remember:
      God Himself is the only source of life.
      Everything that is not of Him
             will soon be gone.
Evil is temporary.
God's overflowing love is forever.
Do not be afraid!
When suffering comes,
      or grief,
and your heart wants to
      scream or
      weep or
      run,
remember:
      God is boundless life.
Suffering is temporary.
Patiently endure and
      trust His love.
Do not be afraid!
Christ has defeated and
      demolished death.
He is the Good Shepherd, and
      when the time comes,
      He will lead you through the valley of death.
      He knows the way to the Father's house.
Keep your eyes on Him and
      follow.
Do not be afraid!
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Hymn: Psalm 49

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