Sleep is a good gift from God. It is part of His natural cycle of work and rest (Psalm 127:1-2). As you sleep, You are resting in Him. (Sympathy to those for whom sleep is a struggle!)

Hymn Recording, "Lord of Time": http://www.lnwhymns.com/data/mp3/603.mp3 Lyrics, Music, & Devotional Reading: http://lnwhymns.com/Hymn.aspx?ID=603

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