

## Reflection on Psalm 77

My God, You never change.  
My body,  
my emotions,  
my world  
are blown about on a  
sea of change.

You see all reality.  
You see and  
know and  
are only  
complete, absolute truth.  
I tend to see and feel through  
small and self-centered eyes.  
What I see and feel is often  
not reality.

So when I pray to You,  
transcendent,  
all-knowing,  
almighty God,  
help me to keep my eyes focused always on  
You,  
not me.  
Keep me trusting You,  
loving You, and  
praising You.  
Keep me patiently waiting and  
rejoicing in  
Your perfect will and  
Your perfect timing.

Hymn: [Psalm 77](#)