## **Reflection on Psalm 61**

Father, I pray desperately,
pressured and pursued by an urgent need.
But the more desperately I pray,
the farther away You feel.

I remember, Lord –
I remember the times You answered me and met my need.
I knew You did.
I knew it was You.
I remember the smile of relief and the glow of joy when I realized that You, Almighty God, had answered my little prayer.

That memory reminds me to trust You now,
even when I can't feel You or
see You acting.

It reminds me that You do not change.
You are always my Father,
all-knowing and
all-controlling.
You are always my Brother, Jesus Christ,

who came from so far away to save me.
You are always the Holy Spirit,
the Wind of God,
the Breath of God,
surrounding me and

filling me with all You are.

O my God,
even when You feel so far away,
I am engulfed in You
completely,
every moment.
Praise to You!

Hymn: Psalm 61

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