Father, as we discipline every area of our lives toward staying physically healthy, help us discipline every area of our lives toward knowing and glorifying You. Hymn Recording, "Be the Incarnation": <u>http://www.lnwhymns.com/data/mp3/431.mp3</u> Lyrics, Music, & Devotional Reading: <u>http://www.lnwhymns.com/Hymn.aspx?ID=431</u>

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