## **Joy Devotional**

To be honest, I don't always feel happy. Sometimes it's just impossible. But even in my most troubled times, it helps to sing a hymn or read scriptures that remind me that God is still God, and that He is still with me.

God is our refuge and strength, an ever-present help in trouble. (Psalm 46:1, NIV)

The Lord is my light and my salvation – whom shall I fear? (Psalm 27:1, NIV)

Be still, and know that I am God. (Psalm 46:10, NIV)

These assurances help me look Him in the face and say, "Jesus, You are my joy, now and forever." Knowing He is with me, I have a joy that doesn't go away when problems come. And that joy keeps me strong.

## Hymn: <u>A Spirit of Joy</u>

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