## **Suffering**

Why should we be afraid when we are with God?
He knows what we need,
and all He does is for our good.
If we realized how much He loves us,
we would gladly receive from Him both the bitter and the sweet.

When suffering comes, remember that you are in His presence. Continue to love and commune with Him. Lift your sufferings as an offering to Him, and pray for the strength and patience to bear them.

You are in His hands. Rest there, and He will fulfill His good purposes for you.

Hymn: I Rejoice in Your Purpose Today

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