

When I'm Ill

*Jesus called out with a loud voice, "Father, into your hands I commit my spirit."
(Luke 23:46, NIV)*

When I'm ill,
I want to escape the pain.
I want to escape the weakness and
get back to normal.

I'm frustrated when I cannot.
And when the illness is potentially life-threatening,
it's frightening.
I feel the disease eating away at my life, and
I am powerless to stop it.

When Jesus was on the Cross,
racked with pain and His life ebbing away,
He committed himself entirely into His Father's hands.

That's what I do now, God.
Whatever part of my body is ill,
I put it into Your hands.

*Father,
into Your hands I commit my body.*

Hymn: [Our Healer](#)