

## Teach Me to Pray

*Jesus went out to a mountainside to pray, and spent the night praying to God.  
(Luke 6:12, NIV)*

Jesus, You prayed so much  
when You were here on earth.  
At times You ministered to people through the day,  
then prayed through the night.

How did You do it, Lord?

For You, was prayer work,  
or was it rest?  
Did You need to rest from praying,  
or was prayer itself a type of rest?

For me, should prayer be labor,  
an activity requiring  
energy and discipline,  
an obligation to be endured?  
Or should it be rest,  
a retreat into You?

If I trusted the Father as You did and  
relied on Him completely,  
then what would prayer be for me?

Jesus, my Savior,  
You are my example.  
Teach me to pray.

*Father, I am challenged and drawn by  
the prayer life of Jesus.  
I want to know You as He knew You and  
depend on You as  
constantly and completely as He did.  
Teach me to pray.*

Hymn: [Teach Us to Pray](#)