

Above all else, guard your heart, for it is the wellspring of life. (Proverbs 4:23, NIV)

Guard Your Heart

Do you truly desire to remain one with God? Do you long to give yourself entirely to Him and always live as He wishes?

Guard your heart. Its desires will determine your actions.

Guard your thoughts. All our problems with sin begin there. Reject immediately any thoughts that are not necessary or constructive or conducive to your communion with God.

Be always with God, and never do, say, or think anything that would displease Him. Do this out of love for Him. Turn to Him often in praise, petition, and submission. You will then receive His help in all times and places, as you need it.

Hymn: [An Undivided Heart](#)

by Brother Lawrence and Ken Bible, © 2009 by Ken Bible, c/o LNWhymns.com